

MAGNESIUM OIL

**I THOUGHT I WAS JUST TIRED
DON'T JUST PUSH THROUGH**

Real Ingredients. Real Standards. Real Results.



*Sometimes your body is simply asking for **more magnesium**.*

- Restless nights.
- Tight shoulders.
- Aching legs.
- Muscle cramps.
- Racing mind.
- Feeling that you're running on empty, even after a full night's sleep.

Modern life places enormous demands on our bodies, and many people simply aren't getting enough magnesium through diet alone.

Natural Senioritas Magnesium Oil is a premium transdermal magnesium spray designed to complement your daily wellness routine and support relaxation, muscle comfort and overall wellbeing as part of a balanced lifestyle.

DON'T JUST PUSH THROUGH.
Replenish what life quietly takes away.

- Chronic stress.
- Coffee.
- Poor sleep.
- Intense exercise.
- Busy schedules.
- Certain medications.
- Mineral-poor soils.

They all place greater demands on your body's magnesium stores.

Many people don't realise that magnesium is involved in hundreds of normal processes throughout the body. As life's demands increase, so does your need for this essential mineral.

That's why so many people choose to include Magnesium Oil as part of their daily wellness routine, to complement healthy nutrition, support relaxation and muscle comfort, and help nourish the body during demanding seasons of life.

Sometimes the answer isn't to push harder... it's to replenish what life has quietly depleted.

WHEN DO PEOPLE REACH FOR MAGNESIUM OIL?

- After a long stressful day.
- Before bed when the mind won't switch off.
- After exercise or physical activity.
- When muscles feel tight, tired or overworked.
- During demanding seasons when life feels overwhelming.
- As part of a calming evening wind-down routine.
- Whenever they want to support relaxation and overall wellbeing naturally.

WHY SO MANY PEOPLE LOVE MAGNESIUM OIL

- Easy transdermal application
- Complements your evening self-care routine
- Supports relaxation and restful sleep
- Supports muscle comfort after daily activity
- Complements an active lifestyle
- Supports everyday wellbeing
- Simple daily nourishment for body and mind

A SIMPLE EVENING RITUAL

Life asks a lot from your body. At the end of a long day, after exercise or whenever you need a moment to reset, spray Magnesium Oil onto your legs, calves, feet, shoulders, neck or lower back and gently massage it into the skin. A simple daily ritual that encourages you to slow down, replenish and care for yourself naturally.

ROOTED IN NATURE. DESIGNED FOR REAL LIFE.

Wellness isn't built in one day.

It's built through small daily choices.

One healthy meal. One walk. One deep breath. One good night's sleep. One moment of stillness. One spray at a time.

Natural Senioritas Magnesium Oil was created to complement the healthy habits you're already building and help you feel supported through every season of life.

HOW TO USE

Spray 3–4 times onto the legs, feet, stomach, back or neck and massage gently into the skin.

Use morning and evening or after exercise.

If new to Magnesium Oil, start with the feet for a few days.

If tingling occurs, apply body oil or lotion for instant comfort.

IMPORTANT INFORMATION

For external use only.

Avoid contact with eyes and broken skin.

Patch test before first use if you have sensitive skin.

Consult your healthcare practitioner before use if pregnant, breastfeeding or under medical supervision.

Created by a Lyme Warrior & Master Herbalist.

Rooted in nature. Designed for real life.

DISCLAIMER

This product is not intended to diagnose, treat, cure or prevent any disease. The information provided is for educational purposes only and should not be regarded as medical advice. If you are pregnant, breastfeeding, taking medication or have a medical condition, consult your healthcare practitioner before use. Individual experiences may vary. Use as part of a balanced lifestyle and healthy self-care routine.